



The health care system can be confusing.

As your Community Bridger, we will support you on a one-to-one and group basis. We will maintain this relationship after your discharge, helping you face difficult situations and finding supports so your transition runs more smoothly.

Best of all, this service is absolutely free!

Contact your support team to learn more, or call us at **(617) 305-9985**.

Needs of Peers in Transition

- Do you have a place to stay? Do you need help with this?
- Do you have a T pass?
- Do you have a primary care physician (a doctor who takes care of all your medical needs)?
- Do you know how to cook?
- Do you live near public transportation?
- Do you have access to a telephone?
- Do you have access to a computer?

Are you in transition? We are here to help you.

We are Community Bridgers.



First and foremost, we are your peers. We have lived experience with mental health issues and have been in transition before. We know what sort of difficulties you'll face in the coming weeks.

Peer Support Line

A Friendly Phone Line Run for Peers, by Peers

Hours of Operation:

Monday — Sunday, 4pm—8pm. A bilingual (Spanish/English) operator is available on Wednesday and Sunday nights.



877-733-7563

(877 PEER LNE)



The health care system can be confusing.

As your Community Bridger, we will support you on a one-to-one and group basis. We will maintain this relationship after your discharge, helping you face difficult situations and finding supports so your transition runs more smoothly.

Best of all, this service is absolutely free!

Contact your support team to learn more, or call us at **(617) 305-9985**.

Needs of Peers in Transition

- Do you have a place to stay? Do you need help with this?
- Do you have a T pass?
- Do you have a primary care physician (a doctor who takes care of all your medical needs)?
- Do you know how to cook?
- Do you live near public transportation?
- Do you have access to a telephone?
- Do you have access to a computer?

Are you in transition? We are here to help you.

We are Community Bridgers.



First and foremost, we are your peers. We have lived experience with mental health issues and have been in transition before. We know what sort of difficulties you'll face in the coming weeks.

Peer Support Line

A Friendly Phone Line Run for Peers, by Peers

Hours of Operation:

Monday — Sunday, 4pm—8pm. A bilingual (Spanish/English) operator is available on Wednesday and Sunday nights.



877-733-7563

(877 PEER LNE)

Recovery Learning Centers

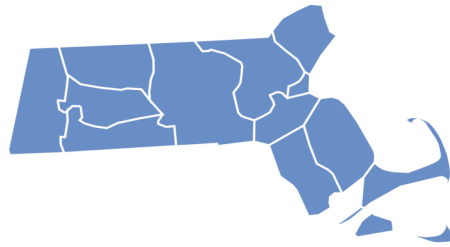
Metro Boston:
Boston Resource Center
(617) 305-9900

Hope Recovery Learning Center
(617)626-8692

Cambridge/Somerville RLC
(617) 863-5388

Peer Education Resource Center
(617) 788-1034

Peer Support Network
(617) 788-1034



Western Mass:
(413) 539-5941

Metro Suburban:
617-472-3237

Central Mass:
(508) 751-9600

Southeast Mass:
(774) 212-4519

If we treat people as they are, we make them worse.

If we treat people as they ought to be,

We help them become what they are capable of becoming.

- *Johann Wolfgang von Goethe*

Notes: _____

Recovery Learning Centers

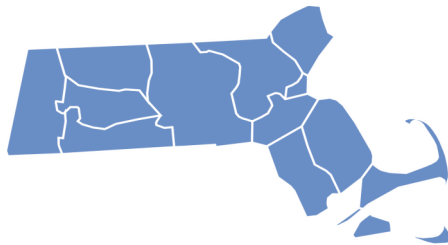
Metro Boston:
Boston Resource Center
(617) 305-9900

Hope Recovery Learning Center
(617)626-8692

Cambridge/Somerville RLC
(617) 863-5388

Peer Education Resource Center
(617) 788-1034

Peer Support Network
(617) 788-1034



Western Mass:
(413) 539-5941

Metro Suburban:
617-472-3237

Central Mass:
(508) 751-9600

Southeast Mass:
(774) 212-4519

If we treat people as they are, we make them worse.

If we treat people as they ought to be,

We help them become what they are capable of becoming.

- *Johann Wolfgang von Goethe*

Notes: _____
