

## The Peer Support Line

... is a friendly phone line staffed entirely by people with lived experience of mental health and/or addictions histories.

Support Line Operators are compassionate, empathetic listeners. They offer support and validation. They empower callers to find solutions to their own problems and concerns.

The Peer Support Line accepts calls from peers who are perhaps lonely, depressed, and/or isolated, and want to connect with another peer.

The focus of the discussions are recovery-based, and the Operators are motivated to assist callers with information on and referral to local, state and national programs and services that may be useful to them in their day-to-day lives.

The Peer Support Line is open for calls daily from 4 PM–8 PM.

We have Operators who speak Spanish and English on Wednesdays and Sundays! Call us toll-free at:

**1-(877) 733-7563**

**or 1-(877) PEER-LNE (no "I") or**

**(617) 414-8341**

**[www.MetroBostonRLC.org/warm-line.html](http://www.MetroBostonRLC.org/warm-line.html)**



# THE MBRLC IS GROWING!

**Our Recovery Centers offer  
services seven days a week and in  
the evenings!**



Main business office of the MBRLC is  
located at:

85 East Newton Street, Ground Floor  
Boston, MA 02118

Phone (617) 305-9900

Fax (617) 305-9992

[www.MetroBostonRLC.org](http://www.MetroBostonRLC.org)

[info@MetroBostonRLC.org](mailto:info@MetroBostonRLC.org)

Major Funding from the Department of Mental  
Health

The MBRLC is a peer run  
program of the Boston  
Medical Center.



EXCEPTIONAL CARE. WITHOUT EXCEPTION.



*Education*

*Employment Readiness*

*Advocacy*

*Peer Support*

*Friendships*

*Dignity*

*Respect*

*Connection*

*Hope*



## **. Metro Boston Recovery Learning Community**

The MBRLC is an organization that is entirely run by peers dedicated to providing support, education and advocacy to peers and their loved ones. We offer healing communities for individuals to find their own path toward mental health and addictions recovery.

# Working Together as a Community

### **What Else Should I Know?**

What is your goal in life? Allow us to help you obtain it! We have groups that will help you grow, and we have social groups to provide connections to others and a safe environment to learn. Our community members and our peer staff are interested in meeting you, sharing thoughts on recovery, and talking about lived experience. We value the lived experience of having a mental health and/or addictions history—it is a plus, not a minus in our world.

Our model is that of equality. Join our community as a member, become a volunteer, a group leader or project coordinator. We have many opportunities for you, and you decide when or even if you want to participate.

Come for an hour, stay for the day.

## **OUR PARTNERS**

### **Boston Resource Center (BRC) 85 East Newton Street, Ground Floor Boston, MA 02118**

The BRC offers peer support, education and activity groups on Mondays, Wednesdays and Thursdays. For more information, contact Yuka Gordon, CPS, and Paul Styczko, CPS Co-Directors.

Yuka.Gordon@mbrlc.org  
(617) 305-9992

Paul.Styczko@mbrlc.org  
(617) 305-9991

### **Hope Center 25 Staniford Street, Plaza Level Boston, MA 02114**

The Hope Center offers peer support, education and activity groups on Tuesdays, Wednesdays and Thursdays. For more information, contact the Director, Ben Coffin.

bcoffin@northsuffolk.org  
(617) 626-8692

### **Peer Support Network (PSN) 45 Mt. Auburn Street Cambridge, MA 02138**

PSN is a MBRLC partner recovery center dedicated to improving the lives of people living with mental health challenges. PSN is open Monday, Wednesday, and Friday.

(617) 788-1034  
psncambridge@gmail.com

### **Cambridge/Somerville Recovery Learning Center (CSRLC), 35 Medford Street, Suite 201 Somerville, MA 02143**

The CSRLC has a mission of education that offers a diverse array of group topics, including life and interpersonal skills, peer support and recovery, with individual support around computer skills. The CSRLC is open Monday through Friday. For more information, contact Janel Tan, Program Director.

(617) 863-5388  
tanj@vinfen.org

### **Peer Education Resource Center (PERC) 1500 Dorchester Ave Dorchester MA 02122**

We offer employment, wellness and recovery peer support. For more information, contact Sarah Selkovits, Director.

(617) 788-1034  
infoaboutperc@yahoo.com

### **NAMI Greater Boston Consumer Advocacy/Affiliate Network 25 Staniford Street Boston, MA 02114**

NAMI GB CAN provides outreach, advocacy, referral and social activities. For more information:

(781) 642-0368  
info@namigbcan.org  
www.namigbcan.org